

TREATMENT THAT WORKS,  
DELIVERED BY EXPERT CLINICIANS,  
PERSONALLY MATCHED TO YOUR  
NEEDS, WITH MORE TREATMENT  
OPTIONS THAN ANY OTHER PRACTICE  
IN NORTHERN NEW JERSEY.



Lukin Center for Psychotherapy provides **high-quality, evidence based psychotherapy services** to patients of all ages.

As the largest practice of its kind in Northern New Jersey, we take the guesswork out of choosing mental health treatment. Our patients have access to more types of proven therapy, delivered by the highest-trained clinical experts, all in one compassionate, healing place.

Life-changing results  
start here.



If you or your loved one are ready to connect with our team of compassionate professionals, **we're here for you.**

Six locations and growing  
in Northern New Jersey:

RIDGEWOOD • HOBOKEN • JERSEY CITY  
ENGLEWOOD • MONTCLAIR • WESTFIELD

Learn more online.

**LukinCenter.com**



Speak with our team, call today.

**201-409-0393**



**LUKIN**

CENTER FOR PSYCHOTHERAPY

**Complete Mental  
Health Treatment**

IN ONE COMPASSIONATE, HEALING PLACE.



**Driven by Science. Led by Compassion.**

Comprehensive evidence-based psychotherapy and medication management in Northern New Jersey



WE PERSONALLY MATCH EVERY PATIENT WITH THE PROVIDER WHO HAS THE SPECIFIC SKILLS, BACKGROUND, TRAINING, AND PERSONALITY THAT WILL GET THE VERY BEST RESULT.



WE WANT TO BE ABSOLUTELY SURE EVERY PATIENT IS WORKING WITH A PROFESSIONAL THEY LIKE AND TRUST, AND WHO CAN OFFER THEM THE BEST HELP POSSIBLE.

FOUNDERS: DR. PAULA YANES-LUKIN, PH.D. & DR. KONSTANTIN LUKIN, PH.D.

Lukin Center is one of the only private practices in Northern New Jersey to offer a treatment team approach, giving you access to a broad range of treatment options in one place. Get coordinated care from a professional team dedicated to your well-being.

### Psychotherapy

Work with a highly trained therapist as an individual, as a couple, or as a family to explore the issues, behaviors, and stressors that keep you from living the life you want.

### Psychiatry

Our in-house psychiatry practice creates a seamless, coordinated medication management experience that gets results.

### Comprehensive Assessments

Neuropsychological evaluations can help with understanding the brain-based factors behind challenges at school, at work, or in relationships.

### Community Engagement

Our clinicians and staff help build a healthier community through events, speaking engagements, partnerships, trainings, and more.

## Why Lukin Center?

Get treatment that's proven to work. Our practice provides the latest in evidence-based, heavily researched treatment methods, so you can put science on your side as you work toward the positive change you want.

Put your mental health treatment in the most capable hands. Lukin Center therapists must maintain the highest possible degrees and certifications in their fields. Work with an experienced, vetted expert who knows the best way to help.

Get the "Click" factor. Dr. Lukin personally matched you to the best provider for your needs.

Get the benefit of bigger. As the largest mental health practice in Northern New Jersey, we offer more services and treatment modalities than any other provider. From evaluations, to therapy, to medication management, you can be sure you're getting exactly what you need, even if your needs change.

Speak with our team, call today.

**201-409-0393**

- Science-backed treatment.
- Compassionate care.

Work with a dedicated team that knows you, invests in your journey, and wants to help you live the life you want.

Our highly trained professionals offer a wide range of therapies proven to help patients of all ages deal with their unique issues and concerns

- Acceptance & Commitment Therapy (ACT)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Eye Movement Desensitization and Reprocessing Therapy (EMDR)
- Emotionally Focused Therapy (EFT)
- Exposure and Response Prevention (ERP)
- Parent Child Interaction Therapy (PCIT)
- Sports Performance
- Creative Arts Therapy
- Plus many other types of treatment

